



# Coaching Unity

## TEAM COACHING SUPERVISION



### It is best practice for all coaches, including team coaches, to invest in coaching supervision

Coaching Supervision allows coaches to continuously grow and develop as individuals and professionals, to consistently facilitate the best outcomes for clients.

In mature coaching environments like the US and UK, over 90% of coaches receive supervision to ensure continued education and development as well as quality assurance. Many professional associations and clients insist on it. This is not yet the case in South Africa.

When it comes to Team Coaching the need for supervision is even greater due to the complexity of systemic coaching. Corporate structures can be complicated and coaching can involve many stakeholders with diverse needs and expectations. The need for supervision increases further when two or more coaches work together as part of a systemic team coaching intervention and when internal coaches are appointed.

**SYSTEMIC TEAM  
COACHES**

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**TEAM  
COACHES**

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**INTERNAL TEAM  
COACHES**

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## ABOUT THE SUPERVISORS

Michael Cooper and Tim Goodenough are uniquely qualified to deliver a performance learning and mentoring environment to executive and team coaches. They both have about 20 years of coaching, training and supervision experience, including a qualification with Professor Peter Hawkins and Catherine Carr on Systemic Team Supervision (2021). They are also part of the GSN, Global Supervisor Network - a global community working towards improving supervision worldwide.

## WHY SYSTEMIC TEAM COACHING SUPERVISION WITH CU?

Systemic Team Coaching Supervision requires a unique skill set as it combines advanced supervision skills with systemic team coaching experience. Michael and Tim are two of only three qualified systemic team supervisors in South Africa.

## INTERVENTION DESIGNED TO WORK AT MULTIPLE LEVELS

- Developing the coach's skill set as a team coach whilst ensuring both professional and personal growth
- Exploring the varied perspectives, needs, dynamics and relationships inherent in team coaching using Peter Hawkins Ten-Eyed Model and unpacking and applying these learnings
- Supporting the coach throughout the process allowing him/her to safely explore the dynamics and nuances of the environment.

**"Our supervision sessions uniquely combine the power of group learning, which helps to unlock and discern themes, with private and personal contemplation and awareness."**

## WHAT WE OFFER

1 x 2-hr Supervision session  
(per month)

2 x Supervisors

4 X Participants (minimum)

R3000+VAT per person per session

**Note:** A minimum commitment of two months is required.

## CONTACT US

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The 2 hour-long supervision session is structured in the following way:

**20 minutes:**

Connecting and framing the session with the large group.

**80 minutes:**

Case study supervision in a breakaway room with 2 clients per coach

**20 minutes:**

Cross-learning with the large group.

*Team coaches can sign up individually for monthly public supervision sessions. Contact us for the next available slot.*

*We also offer an in-house solution to company's requiring supervision for numerous team coaches (a minimum of 4 coaches is required)*





# Coaching Unity



## TIM GOODENOUGH

HIGH PERFORMANCE AND SYSTEMIC TEAM COACH

### PROFILE

A Professional Certified Meta-Coach (PCMC) & qualified Trainer in NLP and Neuro-Semantics. Tim is a member of the Meta-Coach Foundation and was part of the global leadership team for Neuro-Semantics (2010-2013), leading 300 NLP/NS trainers and 1600 coaches in 37 countries.

Tim specialises in High Performance in the corporate world and the world of elite athletes and is one of a small group of Systemic Team Coaches trained by Prof. Peter Hawkins of Henley Business School (2016-2017).

### EDUCATIONAL TRAINING

BSc (Inf Sys) Majoring in Computer Science, Information Systems & Management (2002)  
Associate Certified Meta-Coach (ACMC) with Meta-Coach Foundation (2003)  
NLP and NS Master Practitioner (2004)  
Neuro-Semantics and NLP Certified Trainer (2005)  
Professional Certified Meta-Coach (PCMC) with Meta-Coach Foundation (2010)  
Diploma in Systemic Team Coaching (2016-2017)  
Systemic Team Coach Supervision Training (2021)

### GET IN TOUCH

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Website: [www.coachingunity.com](http://www.coachingunity.com)  
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Online courses: [www.beyondthegap.com](http://www.beyondthegap.com)

### AUTHOR

Game Changer Protocol (2016/CUI Solutions Press)  
Raising Talent (2012/Penguin)  
In the Zone with SA's Sports Heroes (2007/Zebra)

### CAREER SUMMARY

#### CORPORATE:

Tim works with leaders and high performers on an individual and team level. He presents keynotes and workshops on High Performance and Leadership, trains Performance Coaching Skills for Leaders, presents Leader as Coach Workshops and trains Internal Coaches for corporates. Past and present clients include:

- Standard Bank, Investec, Nedbank, RMB, FNB, ABSA, First Rand Group, SARS, College SA, Tabaldi Education, Senya Education, MTN, Telkom, Adidas, SMB Construction, Transnet, Thomson Reuters, Axxess DSL, Kathea, Flight Centre, Iclei Africa, Westfalia Fruit.

#### SPORT:

- Mental Coach for the Sharks in the 2008 Super Rugby competition
- High Performance Coach for Paarl Boys High (2014-present)
- High Performance Coach for the Griquas rugby team (2018/2019)
- Mental Toughness Lecturer at the Investec International Rugby Academy (2009-2015)
- Mental Coach of the 2014 World Cup Winning SA u19 Cricket side  
High Performance Consultant for Cricket South Africa (2012-2017)
- Mental Coach for the SA men's Hockey team (2009-2012)
- Mental Coach for the Ireland Men's Hockey team (won Silver in Olympic Qualifying tournament in 2012)
- Mental Coach for NMMU Netball, Soccer and Rugby teams who all reached the semi-final or final in their Varsity Cup campaigns – a record for the university in each sport (2013)



# Coaching Unity



## MICHAEL COOPER

HIGH PERFORMANCE AND SYSTEMIC TEAM COACH

### PROFILE

An Associate Certified Meta-Coach (ACMC) and trainer in NLP and Neuro-Semantics. Michael is a member of the Meta-Coach Foundation and COMENSA. He has been the Regional Director for the MCF in Africa (2011-2014). He is a leading expert in coaching and training, specialising in Team-Coaching and Supervision, with a strong emphasis on ethical and authentic leadership. He is one of a small group of Systemic Team Coaches trained by Prof. Peter Hawkins of Henley Business School (2016-2017).

Michael has focused on Executive Coaching for more than 20 years, but his background includes IT, Management and Project Management. He also ran the training division for a large international organisation. He then worked as a Freelance Consultant and Trainer helping organisations build their human potential in such areas as management strategy, project management, time management and presentation skills.

### EDUCATIONAL TRAINING

Certified Project Manager (CPM) (2001)  
CompTIA Certified Trainer (CTT) (2002)  
Associate Certified Meta-Coach (ACMC)  
with Meta-Coach Foundation (2003)  
NLP and NS Master Practitioner (2004)  
Diploma in Systemic Team Coaching (2016-2017)  
Systemic Team Coach Supervision Training (2021)

### GET IN TOUCH

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### CAREER SUMMARY

#### CORPORATE:

Michael works as an Executive Coach for leaders at NGOs, corporates and start-ups globally. He also works as a consultant and trainer, helping clients to develop coaching, mentoring, leadership and wellness programmes. Michael facilitates in-house courses for clients to develop their mentoring and internal coaching capacity. He writes on trends in coaching, wellness and supervision and is a sought-after speaker. Past and present clients include:

- Standard Bank, Investec, Nedbank, RMB, FNB, ABSA, UNICEF, SARS, College SA, Tabaldi Education, MTN, Telkom, SMB Construction, Transnet, Flight Centre, ABN Anbev, New Zealand High Commission, Anglogold, Exxaro, Thomson Reuters, SABIC, Nandos, Standard Chartered, Oracle.

#### SPORT:

Michael co-authored the book *In the Zone, with South Africa's Sports Heroes* (2007) and became a sought after coach and consultant for local and international sports teams incl. the Proteas and Springboks. Career highlights:

- High Performance Consultant for Cricket SA (2012-2017)
- Mental Coach for the SA men's Hockey team (2009-2012)
- Mental Coach for the SA national shooting team (2014)
- Mental Coach for the Ireland Men's Hockey team (won Silver in the Olympic Qualifying tournament in 2012)

#### WELLNESS:

Michael takes a holistic approach to peak performance. He combines his extensive coaching experience with a passion for wellness to provide high-level support to individuals and corporates to improve mental health and physical wellbeing.